

# KENDRIYA VIDYALAYA NO.1 SAGAR CANTT

*Dear Parents and Students*

The present lockdown has completely changed the academic scenario of the school education. The routined teaching and learning in the schools is suspended at present. But as a true learner we need to see this as an opportunity and not as a crisis. It is beyond doubt that the entire academic world is undergoing a difficult time due to complete lockdown because of Corona Crisis. But remember the famous quote....

*\*' The real change comes through a deep crisis. '\**

This present situation must remind us the famous story *\*THE BET\** written by Anton Chekhov which highlights how a complete isolation leads to a total solitude, a perfect peace and happiness of mind and above all how this isolation can take us to the real knowledge and how the earth can become a true heaven.

Let's make the best use of this opportunity came to us in the form of this lockdown. There is no need to think that learning takes place only in the classrooms in a regular school environment. There are ample opportunities for learning. The students may best utilize their time at homes in the following ways:

1. There are a lot of online learning resources and youtube channels which can help students learn and revise their academic contents like....Google classroom, Diksha App, Khan Academy, Vedantu, Studiestoday.com, Unacademy, Byju's etc.
2. Reading Makes a Man. It gives you deep insight into the human mind and the world at large. The real language acquisition takes place when we read. Read like a hungry man. Download e books or use [www.audible.com](http://www.audible.com) (listening).
3. Revise the contents and the basics of the previous class. Re-learn mathematical formulae, chemical equations, important map works, diagrams, derivations, grammar exercises, literary devices etc. Also focus on learning Quantitative Aptitude, Basic Reasoning, General Knowledge and Current Affairs. These will make your next year's learning easier and joyful and also help in setting future career goals.
4. Spend time for Vocabulary Enrichment. Try to learn a few new words, idioms, proverbs and phrases everyday and their use in sentences.
5. Download NCERT textbooks of the next class(MUST) and start reading them. No matter even if you dont understand many things. The explanation and answers are also available online. Also contact your teachers for online explanations. Request the subject teachers concerned to fix a time when you can contact them to ask your doubts.Whatsapp Groups have been created of each class where students can raise their doubts ans ask clarifications. The teachers will answer their questions.
6. The students may also work towards Handwriting Improvement. One page daily English Cursive and Hindi tasks will do wonders.

7. Also practise the Letters , Articles, Speeches, Creative Writing, paragraphs, summarising etc. It will improve your Writing Skills.

8. Give time for listening audiotalks, historic speeches, educational Videos, English movies with subtitles. Do read newspapers and magazines to update yourselves. Also try to speak in front of mirror whatever you have read and learnt. This will improve your Listening and Speaking Skills.

9. Improve your Computer Awareness in free time. You may practise MS Word MS Excel MS Powerpoint etc.

10. The teachers may give you certain e- contents and assignments. Complete them as this will help you during the next academic session.

11. The parents are requested to allow their wards use multimedia resources, internet, School Whatsapp Groups and computers. Dont discourage them as all these help in learning. Also pass on the messages to the students given by teachers/ school through whatsapp groups. At the same time students must avoid video games, useless whatsapp chats and unnecessary programs on TV.

12. Spend the morning and evening time for daily exercise, Jogging,Yoga, Deep Breathing and Dhyana in order to keep yourselves fit and healthy.

13. Dont forget to fulfill your Hobbies like Drawing,Painting, Singing, Dancing, Cooking etc. You will learn new skills and this will also give you mental peace and happiness.

14. Help your parents in the household works. Spend time with your grandparents, ask them to tell you bedtime stories and learn from their life experiences.

Hope the suggestions will help to make the best use of your time. The lockdown time may be difficult. It has locked us in homes but it has unlocked many other avenues of learning. It can neither stop us nor our learning.

Remember....this too shall pass.....We shall emerge better, stronger and more determined out of this crisis. Never forget.....

**\*\*रात भर का है मेहमाँ अँधेरा,  
किसके रोके रुका है सवेरा\*\***

*\*If Winter comes, can Spring be far behind.....?\**

*\*Stay Blessed and have a happy time\**

*Ajit Singh  
Principal*