

# KENDRIYA VIDYALAYA NO.1



केन्द्रीय विद्यालय संगठन

## NEWS LETTER 2019-20



***“ DEVELOP A PASSION FOR LEARNING. IF YOU DO SO, YOU WILL NEVER CEASE TO GROW ”***





# GRATITUDE

## UDAAN



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*Mr. Ajit Singh  
Principal KV No. 1 Sagar*



*Publication & Guidance*

*Mrs. Renu Yadav  
Headmistress*

*Editorial Board*

*Akash Tripathi*

**“ Children are the hands by which we take hold of heaven. ”**



**UDAAN**

# **KENDRIYA VIDYALAYA NO. 1**

## **MESSAGE FROM THE PRINCIPAL**

*“Vision without action is just a dream, action without vision just passes time. But vision and action can change the world.”*

Joel A Barber



**I**t gives me great pleasure that KV1 Sagar is bringing out its CMP Newsletter which will provide a window to our talented students and esteemed teachers to present glimpses of the activities, that they have been organizing with utmost devotion, skills and team spirit.

As Principal, I have the expectations that my staff should focus not only on the best academic outcomes of every learner but also on supporting their growth as independent, respectful, enthusiastic and resilient young learners and we as a team are in a process of achieving it.

I extend my heartiest felicitations and good wishes to the H.M Smt. Renu Yadav, teachers and students who are part of this successful venture.

**Ajit Singh**

**Principal**

**K.V. No.1, Sagar**



# UDAAN

## KENDRIYA VIDYALAYA NO. 1

### MESSAGE FROM THE HEAD MISTRESS

**“ When Educating the minds of our youth, we must not forget to educate their hearts. ”**



The purpose of the education is to replace an empty mind with an open one. So stress has been shifted from teaching to learning. The students, their motivation level, creativity and their activities came into focus. We motivate our teachers to create an environment of learning, where students are encouraged to be creative, explorer, discoverer, confident and curious, that enables the child to face the challenges of life.

I am extremely happy to present before you our CMP Newsletter “ UDAAN ”. It is a mirror which reflects the activities which are conducted under CMP.

I take this opportunity to congratulate all the Primary staff and students for their endeavours and express my reverences to our Principal Shri Ajit Singh for all the support and guidance.

**Renu Yadav**

# SCHOOL READINESS PROGRAMME **UDAAN**

School Readiness Programme is a perfect blend of fun and frolic. It is a 4-6 weeks programme, which helps to develop a familiar environment for the students and paves way to attract students towards learning.



**WELCOME BY THE PRINCIPAL & VICE PRINCIPAL**



**GIFTS PRESENTATION**



**BALLOON DISTRIBUTION**



**GIFT DISTRIBUTION BY THE PRINCIPAL**



**GIFT DISTRIBUTION BY THE VICE PRINCIPAL**



**PRESENTATION OF BALLOONS**



**GIFT DISTRIBUTION BY I/C HM**



**CHOCOLATES DISTRIBUTION BY VICE PRINCIPAL**

# CCA ACTIVITIES

**UDAAN**



**DRAWING COMPETITION**

A Co-curricular activity essentially takes place outside a typical pen and pencil classroom experience. It gives the students an opportunity to develop particular skills and exhibit their non-academic abilities.



**WINNERS OF ENGLISH POEM RECITATION COMPETITION**



**WINNERS OF PLEDGE COMPETITION**



**RAKHI MAKING COMPETITION**



**MEHNDI COMPETITION**



**PAPER FOLDING COMPETITION**



**CLAY MODELING**

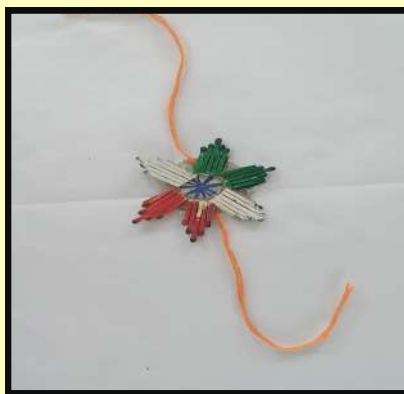
# CCA ACTIVITIES

# UDAAN

## GREETING CARD MAKING COMPETITION



## RAKHI MAKING COMPETITION



# ANANDWAR

**UDAAN**

Every Saturday is being celebrated as Funday (Anandwar) in the Vidyalaya. Different activities like yoga, dance, music, Art & craft, Scientific activities, library sessions, film shows, mental math etc are being organized. Funday provides a platform to bring out the hidden talent of the students.



**STUDENTS ENJOYING MOVIE SHOW**



**TIME TO DRAW**



**FUN WITH THUMB PAINTING**



**STUDENTS ENJOYING MUSIC SESSION**



**TIME TO PLAY SOME GAME**



**LIBRARY VISIT**



**STUDENTS PERFORMING ACTING**



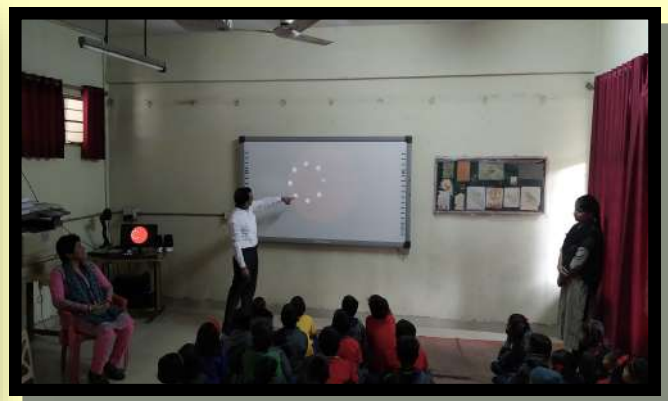
**FUN WITH PAPER CRAFT**



# SCIENCE CLUB

# UDAAN

“Success is a science, if you have the conditions, you get the results.  
The science of today is the technology of tomorrow.”



## PT FOR PHYSICAL FITNESS



## PARENT TEACHER MEETING



**PTM is for parent and teacher to share insights and informations for the holistic development of the child.**



“Swasth Bachche, Swasth Bharat ” Programme, an initiative of Kendriya Vidyalaya Sangathan with the basic aim to bring back the childhood amongst children and make physical activity and recreational games an integral part of learning process.



**HOPPING**



**4x10 METER SHUTTLE RUN**



**JUMP AND LANDING**



**BALANCE WALK**



**50 METER DASH**



**CURL UPS**



**PARTIAL CURL UP**



**BEAM WALK**

# FUN WITH DRAWING

UDAAN



# CUBS & BULBULS

## UDAAN



# COMMUNITY LUNCH

# UDAAN

To foster the spirit of communal harmony, feeling of sharing and to develop healthy eating habits, community lunch is organized regularly in primary section.



# COMPUTER LAB

Computer education is an integral part of education in our Vidyalaya. Computer and the internet not only help students to explore creativity and imagination but also help to understand technologies.



# YOGA

# UDAAN

“Yoga is a light, which once lit, will never dim. The better you practice, the brighter the FLAME”



अश्वसंचालासन



प्रार्थना मुद्रा



पादहस्तासन



हस्त उत्तानासन



ध्यान मुद्रा



त्रिकोणासन



पश्चिमोत्तानासन



विश्राम मुद्रा



# BALA CONCEPT **UDAAN**

**BALA is about developing school spaces, the classrooms, the floors, walls, doors, windows, pillars, corridors, the outdoor spaces and the natural environment as learning resources. It is a matter of great pleasure that our school implemented it and we are using every space as learning aid.**



# EDUCATIONAL EXCURSION

# UDAAN

Excursions are a great way for primary students to develop their social skills, enhance their learning and have fun with their friends way from the familiar school grounds.



STUDENTS VISIT TO MUSEUM



Class IV STUDENTS VISIT TO MRC MUSEUM



CLASS III STUDENTS VISIT TO POST OFFICE



VISIT TO SANJIVANI PARK



CLASS I STUDENTS VISIT TO SANJIVANI PARK



CLASS V STUDENTS VISIT TO MRC MUSEUM



CLASS II STUDENTS VISIT TO JOGGERS PARK



STUDENTS VISIT TO POST OFFICE

## डाकघर भ्रमण प्रतिवेदन

दिनांक- 30/10/19

समय- 10 से 12 बजे

हम कक्षा तीसरी -अ,ब और स के छात्र और छात्राएँ आज डाकघर भ्रमण करने गए। हम लोग बस में गये थे। हमें वहाँ बहुत सारे काउन्टर मिले। हमें वहाँ डाकघर की हैड भी मिली थी। उनका नाम था श्रीमती जयंती जैन।



हमको शिक्षकों ने एक पोस्टर दिखाया। उस पोस्टर में एक प्रतियोगिता के बारे में लिखा था। वह डाकघर बीएसएनएल का था। हमें हमारे अध्यापकों ने बताया कि वह बड़े बड़े शहरों में भी चिट्ठी भिजवाते हैं और छोटे छोटे गाँव में भी। हमने दस डाकियाँ कि कुर्सी भी देखी थी और फिर हम लोग नर्सरी में गए। हमने वहाँ बहुत सारे पेड़ पौधे देखे जैसे कैक्टस, आम, गुलाब, कमल, तुलसी, गुडहल आदि देखे थे। उस नर्सरी का नाम था- रोनक। उस दिन हमने खूब मनोरंजन किया।

किंजल अहिरवार ३ ब

## PUZZLE

1) What goes but never comes down?

Ans) Your age.

2) What has a bark, but no bite?

Ans) Tree

3) How many letters are there in the alphabet?

Ans) Eight; A,L,P,H,A,B,E,T.

4) What starts with a P, ends with E and has thousands of letters?

Ans) Post Office.



Aadarsh Sahu V-C

## JOKES

Maths Teacher: What is a line?

Pappu: A line is a dot that's going for a walk.

Maths Teacher: Then what is a parallel lines?

Pappu: A dot is going for a walk with his girl-friend.

Doctor: Santa, I am sorry to say that you have brain cancer.

Santa: Yes! (jump in joy)

Doctor: Did you understand what I just told you?

Santa: Yes, Of course! Do you think I am dumb?

Doctor: Then why are you so happy?

Santa: Because that proves I have a brain.....

Krishna Kumar V-A



## मेरा विद्यालय

मेरा विद्यालय शिक्षा का एक मनोहारी आयतन है। जिसके सफल संचालक हमारे विद्यालय के प्राचार्या महोदय है, जिनके कुशल संचालन में हमारा विद्यालय सागर शहर में एक विशिष्ट स्थान रखता है।

हमारे विद्यालय के सभी शिक्षक एवं शिक्षिकाएँ अध्यापन - कला में अत्यधिक माहिर है जिससे उनकी शिक्षण कला से हम सभी विद्यार्थी उच्चतम शिक्षा को अर्जित करते है। तथा सभी का व्यवहार एवं जीवन अनुकरणीय है।

हमारे विद्यालय के सहपाठी बहुत ही अच्छे है। मेरे विद्यालय में शिक्षा के साथ खेल कूद आदि समस्त गतिविधिया भी संचालित होती रहती है। अंतः मुझे मेरे विद्यालय अत्यधिक प्रिय है।

मुक्ती जैन कक्षा-५ अ

## पहेलियाँ

१) एक रुमाल के कोने चार, एक काटो तो बने कितने यार ?

उत्तर ) पाँच

२ ) बीसों का सिर काट दिया, न मारा न खून किया।

उत्तर ) नेलकटर

३ ) काला घोड़ा सफ़ेद सवारी, एक उतरा दूजे की बारी।

उत्तर ) तवा- रोटी

४ ) एक राजा की अनूठी रानी, दुम के सहारे पीते पानी।

उत्तर ) दिया- बाती



# CREATIVE CORNER

UDAAN

## IF YOU WANT

If you want to keep, keep your promise.  
If you want to cultivate, cultivate good manners.  
If you want to dress, dress with wonderful values.  
If you want to kill, kill your pride.  
If you want to write, write your mistakes.  
If you want to sow, sow seeds of love.  
If you want to talk, talk to yourself.  
If you want to laugh, laugh with others.



Ridima Yadav Class –V-B

## एक - एक

एक-एक यदि पेड़ लगाओ,  
तो तुम बाग लगा दोगे ।  
एक-एक यदि इट जोड़ो,  
तो तुम महल बना दोगे ।  
एक-एक यदि पैसे जोड़ो,  
तो तुम बन जाओगे धनवान ।  
एक-एक यदि अक्षर पढ़ लो,  
तो बन जाओगे विद्वान ।



वेदिका पटेल कक्षा -

## What is life ?

Something we live...  
But just to live, Is not life...  
Life has emotions, both happy  
and sad but just emotions  
Is not life.  
Success and failures  
Is the way of life. It makes life  
complete  
But its just a way  
Not life...  
Love and respect, the main element of life  
Makes us to lead life, But just this IS not life. Then,  
What is life??  
We don't know, But we still live it  
This question, Remains a question  
That's why a life is?



Gyanya Jain V-C

## नानी की कहानी

नानी बोली सुनो कहानी  
जो लगती थी बड़ी सुहानी ।  
रोज़ पुरानी वही कहानी ।  
परी-परी रटती रहती हो,  
बात वही फिर कहती हो ।  
आगे भी तो बात बढ़ाओ,  
इसमें एक प्रिंस ले आओ ।  
हम लड़के भी खुश हो जाएँ,  
पारियों के किस्से में आर्ये ।



ओम तिवारी कक्षा- ५ ब

## NAMES

Everybody has a name  
Some are different some are  
same  
Some are short some are long.  
All are right none are wrong.  
I like my name It's special to me  
It's exactly who I want to be.



## हंसो- हंसो

टैफिक पुलिस- तुम्हारे पास गाड़ी के सारे कागजात है,  
हेलमेट भी है लेकिन फिर भी चालान ३००० रूपए का  
बनेगा ।

सोन्- ... लेकिन क्यों ?

टैफिक पुलिस- ... क्योंकि तुमने सारे कागजात पॉलिथीन में रखे हो  
और पॉलिथीन बेन है ।



**UDAAN**

# CHILDREN'S DAY CELEBRATION



“ Children’s Day is celebrated by organizing small cultural programme, Fancy dress competition, sweet distribution and community lunch. Children came in colored dress and enjoyed a lot. ”

# GAMES & SPORTS

“Playing games with friends feels you more relaxed and feel fresh. It also develops the quality of sportsmanship among the students.”



# CLASS MAGAZINE COMPETITION UDAAN



# GANDHI JAYANTI CELEBRATION

# UDAAN

Gandhi Jayanti was celebrated by organizing Run for Unity, Swacchta Abhiyan & singing of bhajan "Vaishnav Jan to". Students of Primary Section participated with great



FLAG OFF BY THE PRINCIPAL FOR UNITY RUN



RUN FOR UNITY IN PROGRESS



STUDENTS RELAXING AFTER THE RUN



STUDENTS AT FINISH POINT



STUDENTS CLEANING THE SCHOOL PREMISES



STUDENTS ALL SET FOR SWACHTA ABHIYAN



STUDENTS PARTICIPATING IN SWACHTA ABHIYAN



STUDENTS USING CLOTH BAGS FOR COLLECTING THE WASTE



# WORKSHOP

# UDAAN

Training programme on "Strengthening of Primary Education" was conducted for the teachers of Primary Section. Orientation programme for newly recruited PRTs was also conducted on 5th October 19 to make them aware of the functioning of KVS.



PRINCIPAL ADDRESSING TEACHERS



V P TAKING SESSION ON CODE OF CONDUCT



HM TAKING SESSION ON CMP & TEACHERS DAIRY



LESSON DEMONSTRATION BY SMT RENU SINGH



DLM PRESENTATION BY THE TEACHERS



SEESION ON EXAMINATION SYSTEM BY SHRI V.S. LODHI



DLM PRESENTATION BY THE TEACHERS



LESSON DEMONSTRATION BY MISS USHA JAIN

## MOTIVATED TEAM OF K.V. NO. 1, SAGAR



**Chairs from LEFT TO RIGHT : Manjeet Devi, Kirti Soni, Vijay Singh Lodhi, Manish Kumar Mishra, Mr. Deepak Sahu (Vice Principal), Mr. Ajit Singh (Principal), Smt. Renu Yadav (HM), Usha Jain, Tripti Mishra , Renu Singh, Sujata Kumari**  
**Standing LEFT TO RIGHT : Akash Tripathi, Savitri Gupta, Richa Dubey, Pratibha Jain, Pammy Bharti, Usha Gusain, Navdeep Sharma, Nita Yadav, Shivangee Patel, Raju Kanwar, Sachin Sharma**